

**NEW!**

  
**Foodman's**<sup>™</sup>  
ORIGINAL

# Matzolah<sup>™</sup>



**Available  
Now:  
Passover  
and  
year-round!**



The Trail Mix of the Exodus



**Available Here  
Exclusive for Whole Foods Market**

Foodman, LLC., Atlanta, GA, [www.FoodmanNosh.com](http://www.FoodmanNosh.com)  
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# Matzolah™

Bring excitement and nutrition to the Kosher set with this new great-tasting product!

- Sodium free ■ Good source of fiber ■ Cholesterol free

- Made with 100% whole grain – 18 grams per serving
- Great for Passover and year-round
- Made with Streit's matzos, a trusted name in kosher foods for nearly 100 years
- Matzolah is for breakfast, as a snack, as a topping for yogurt and ice cream, or wherever your journey leads



## Specifications:

<b>Product</b>	<b>Foodman's Matzolah - Whole Wheat Maple Nut</b>
<b>UPC</b>	854870004008
<b>Net weight</b>	10 oz.
<b>Pack dimensions</b>	4.1" diameter / 5.6" height
<b>Case count</b>	12 x 10 oz. canisters
<b>Case dimensions (LWH)</b>	12.7 x 8.6 x 12.0
<b>Gross case weight</b>	10.25 lbs.
<b>Case cube</b>	0.759
<b>Case UPC</b>	10854870004005
<b>Pallet (tie/high)</b>	17 x 6
<b>Pallet height</b>	77.4"
<b>Gross pallet weight</b>	1096 lbs.
<b>Pallet , # of cases</b>	102

## Nutrition Facts

Serving Size 1/2 cup (52g)  
Servings Per Container About 5

**Amount Per Serving**

**Calories 250** Calories from Fat 120

**% Daily Value\***

**Total Fat 13g** **20%**

Saturated Fat 2.5g **14%**

Trans Fat 0g

Polyunsaturated Fat 0.5g

Monounsaturated Fat 3.5g

**Cholesterol 0mg** **0%**

**Sodium 0mg** **0%**

**Potassium 150mg** **4%**

**Total Carbohydrate 32g** **11%**

Dietary Fiber 4g **18%**

Insoluble Fiber 2g

Sugars 15g

Other Carbohydrates 12g

**Protein 5g**

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 8%

Vitamin E 4% • Thiamin 6%

Riboflavin 8% • Niacin 6%

Vitamin B<sub>6</sub> 2% • Folate 2%

Pantothenic Acid 2% • Phosphorus 6%

Magnesium 8% • Zinc 4%

Selenium 20% • Copper 6%

Manganese 45%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories: 2,000 2,500

Total Fat Less than 65g 80g

Sat Fat Less than 20g 25g

Cholesterol Less than 300mg 300mg

Sodium Less than 2,400mg 2,400mg

Potassium 3,500mg 3,500mg

Total Carbohydrate 300g 375g

Dietary Fiber 25g 30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** WHOLE WHEAT MATZO (WHOLE WHEAT FLOUR, WATER), ALMONDS, RAISINS, MAPLE SYRUP, EVAPORATED CANE JUICE, EXTRA VIRGIN OLIVE OIL, DRIED COCONUT, WALNUTS, PECANS, VANILLA EXTRACT.

**CONTAINS:** WHEAT, ALMONDS, COCONUT, WALNUTS, PECANS.

**Manufactured for:**

Foodman, LLC

Decatur, GA 30030

Visit [www.FoodmanNosh.com](http://www.FoodmanNosh.com) to tell us about your Matzolah experience and for information about purchases for your business or organization.

Made with Streit's whole wheat matzo.

Streit's is a registered trademark of Aron Streit, Inc.

Contents may settle.



Available Exclusively at Whole Foods Market

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